



ITAR I, II, III (send every 3 months)	CBT (1-2 cases) ≥ 1 x C6A
Residents will likely be engaged in two longitudinal modalities simultaneously for a significant duration of the period from mid-PGY2 to mid-PGY4	
ITAR I, II, III (send every 3 months)	Psychodynamic ≥ 1 x C6A
OR Group ITAR I, II, III Family Therapy ITAR I, II, III	Family/Group ≥ 1 x C6A
ITAR(s) (send every 3 months)	Other Evidence-Based ≥ 1 x C6A
Integration of psychotherapy into regular clinical care ≥ 3 x C6A "integrative"	
There is flexibility in the timing of these experiences (e.g., psychodynamic > 1 year, starting "other" in PGY3) but assessment requirements are to be completed by end of CORE	

Psychotherapy Seminars			
8:00-9:30 1 st Thursday	8:00-11:00 4 th Thursday	10:15-12:00 5 th Thursday	

Modality	Hours	Options	Supervisor(s)
CBT (1-2 cases)	33h	☐ Anxiety Disorder (Dx: _____) ☐ OCD ☐ Depressive Disorder	CBT Case 1: _____ CBT Case 2: _____ *if applicable
Psychodynamic	100h	☐ Long-term	
Family OR Group	NA	☐ Group: _____ & Family Skills OR ☐ Family Therapy: _____	Family Skills: _____ Family Therapy: _____
Other Evidence-Based	NA	☐ Modality: _____ <i>see option list in handbook (e.g., IPT, DBT, MI, CBTi)</i>	

Competency Committee
 Submit Psychotherapy Log Summary (C6B)
 Update Detailed Log for QAR with PD

Minimum # of Entrustable EPA Obs.

ITAR Expectations

First Modality ITAR Mandated at CC

End-of-Stage Progression Decision